

**“HAPPY”**

## **Grow Healthy Relationships**



Harv Lyon  
March 9, 2025

*“Always be full of joy in the Lord. I say it again – rejoice! – Philippians 4:4*

Happiness is a \_\_\_\_\_.

*“This letter is from Paul and Timothy, slaves of Jesus Christ. I am writing to all of God’s people in Philippi who believe in Jesus Christ and the elders and the deacons of the Church. May God our Father and the Lord Jesus Christ give you grace and peace.*

**Philippians 1:1-11**

This is the Word of the Lord. Thanks be to God!

1. \_\_\_\_\_ for the people in my life.

*“Every time I think of you, I give thanks to my God.” - Philippians 1:3*

*“I thank God for the help that you gave me.” - Philippians 1:5*

Happiness Hint: Remember \_\_\_\_\_.

2. \_\_\_\_\_ for the people in my life.

*“I always pray for you, and I make my request with a heart full of joy...” - Philippians 1:4*

Happiness Hint: The quickest way to change a bad relationship to good: \_\_\_\_\_.

*“I pray that your love for each other will overflow more and more. I pray that you will keep on growing in your knowledge and understanding for I want you to understand what really matters so that you may live pure and blameless lives until Christ returns. May you always be filled with the fruit of your salvation, those good things that are produced in your life by Jesus Christ. For this will bring much glory and praise to God.” – Philippians 1:9-11*

3. \_\_\_\_\_ from people in my life.

*“I am confident that God who began this good work within you will continue His work until it’s finally finished on the day when Jesus Christ comes back again.” - Philippians 1:6*

We tend to become what the most important person in our life thinks we will become. – John Maxwell

Happiness Hint: Celebrate \_\_\_\_\_ rather than judging them for \_\_\_\_\_.

*"It's right that I should feel as I do about all of you. You have a very special place in my heart." - Philippians 1:7*

4. I must love the people in my life \_\_\_\_\_.

*"God is my witness that I tell the truth when I say that my deep love for you all comes from the heart of Christ Jesus Himself." - Philippians 1:8 (GNT)*

*"This is how we know what real love is. Christ gave His life for us. So then we ought to give our lives for others." - 1 John 3:16*

*"God so loved the world that He gave His only Son that whoever believes in Him should not perish, but have everlasting life." - John 3:16*

#### PERSONAL EVALUATION

- Who do I need to be more grateful for?
- Am I praying for the people in my life?
- Who do I need to encourage rather than critique?
- How can I better love people from my heart?

*Msg Concept: Rick Warren*

## Upcoming Special Events at CrossPointe:

March 21<sup>st</sup> – Life Line Screening

March 30<sup>th</sup> - Sunday FunDay – Kickball

April 5<sup>th</sup> - Refuge Fundraiser for Summer Camp

April 19<sup>th</sup> - Easter Fest

**Contact the Church office @ 813-949-7727 for additional information.**

**Find us on Social Media:**

**Website: [CrossPointeTampa.com](http://CrossPointeTampa.com)**

**YouTube: [@CrossPointeFamilyChurch](https://www.youtube.com/@CrossPointeFamilyChurch)**

**Instagram: Church - [@crosspointetampa](https://www.instagram.com/crosspointetampa)  
Youth - [@Refuge 429](https://www.instagram.com/Refuge429)**

**Facebook: Church – [www.facebook.com/cpctampa](https://www.facebook.com/cpctampa)  
Youth – [www.facebook.com/refuge777](https://www.facebook.com/refuge777)**

### *Ways to Connect at CPFC:*

Adult Bible studies, Young Adult Bible studies, Youth group, Kid's Konnect, Creator Space, Prayer Groups, PALS 55+, Amazing Grace Ministries, Mission Trips, Softball, Media, Grounds and Greeting teams and more!

**Answers:**  
Choice  
1. I must be grateful  
--The best and forget the rest.  
2. I need to pray with joy  
--Start praying for them.  
3. I must expect the best  
--How far people have come / how far they still have to go.  
4. Like Jesus does