

“Stop the Negative SelfTalk”

September 17, 2023



Why do you do what you do?

- You _____ to do what you do.
- You _____ what you do.
- You want to be _____.

You do what you do because of what you _____.

For as he thinks in his heart, so is he. ... Proverbs 23:7 NKJV

- What type of person am I?
- What kind of situation is this?
- What does someone like me do in a situation like this?

If you want to change what you do, _____.

“... [The devil] has always hated the truth, because there is no truth in him. When he lies, it is consistent with his character; for he is a liar and the father of lies. So when I tell the truth, you just naturally don’t believe me!”- John 8:44-45 NLT

“The truth will set you free”- John 8:32

Your distorted identity starts to _____.

- Your _____ creates destructive habits.
- Your _____ reinforce your distorted identity.

If you want to change what you do, change what you think of you.

- A _____ leads to Christ-honoring habits.
- _____ reinforce a Christ-centered identity.

Each day Jesus was teaching at the temple, and each evening he went out to spend the night on the hill called the Mount of Olives ... Luke 21:37 NIV

And [Jesus] came out and went, as was His habit, to the Mount of Olives ... Luke 22:39 NASB2020

You start with _____.

- Instead of focusing on what you want to do, decide who you want _____.

Who do you want to become?

“Every action you take is a vote for the type of person you wish to become. No single instance will transform your beliefs, but as the votes build up, so does the evidence of your new identity.” —James Clear

Who you believe will _____ what you do.

Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy. - Ephesians 4:21-24 NLT

Message Concept – Craig Groeschel

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Upcoming Special Events at CrossPointe:

September 17th – **Family Fun Day / Blood Drive**

September 30th – **Senior Health Insurance-Retirement Seminar**

For more details go to CrossPointeTampa.com or call the office at 813-949-7727.



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- Answers:**
- You feel obligated to do what you do.
 - You want to do what you do.
 - You want to be accepted.
 - You do what you do because of what you think of YOU.
 - If you want to change what you do, change what you think of you.
 - Your distorted identity starts to sabotage your success.
 - Your distorted identity creates destructive habits.
 - Your destructive habits reinforce your distorted identity.
 - A Christ-centered identity leads to Christ-honoring habits.
 - Christ-honoring habits reinforce a Christ-centered identity.
 - You start with Who before Do.
 - Instead of focusing on what you do, decide who you want to become.
 - Who you believe will determine what you do.

Weekly Places to Plug In:

Adult Bible studies, Young Adult Bible studies, Youth group, Kid’s Konnect, Creator Space, Prayer Groups, PALS 55+, Amazing Grace Ministries, Mission Trips, Softball, Media, Grounds and Greeting teams and more!