

SOME THINGS – Part 1

21 Days – fasting and prayer – (Jan 18-Feb 7)

“Some things only come through prayer and fasting.” Mark 9:29 (paraphrase)

And when He came to the disciples, He saw a great multitude around them, and scribes disputing with them. Immediately, when they saw Him, all the people were greatly amazed, and running to Him, greeted Him. And He asked the scribes, “What are you discussing with them?”

Then one of the crowd answered and said, “Teacher, I brought You my son, who has a mute spirit. And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not.”

He answered him and said, “O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me.” Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth.

So He asked his father, “How long has this been happening to him?” And he said, “From childhood. And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us.” Jesus said to him, “If you can believe, all things are possible to him who believes.”

Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!” When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it, “Deaf and dumb spirit, I command you, come out of him and enter him no more!” Then the spirit cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, “He is dead.” But Jesus took him by the hand and lifted him up, and he arose.

And when He had come into the house, His disciples asked Him privately, “Why could we not cast it out?” So He said to them, “This kind can come out by nothing but prayer and fasting.” - Mark 9:14-29

1. Fasting brings _____.

One day as these men were worshiping the Lord and fasting, the Holy Spirit said, “appoint Barnabas and Saul for the special work to which I have called them.” So after more? fasting and prayer, the men laid their hands on them and sent them on their way.” – Acts 13:2-3

Fasting positions us for _____.

2. Fasting shows our _____ for God.

- (A) Moses fasted before he received the Ten Commandments. (*Exodus 34:28*)
- (B) The Israelites fasted before a miraculous victory. (*2 Chronicles 20:2-3*)
- (C) Daniel fasted in order to receive guidance from God. (*Daniel 9:3,21-22*)
- (D) Nehemiah fasted before beginning a major building project. (*Nehemiah 1:4*)
- (E) Jesus fasted during His victory over temptation. (*Luke 4:2*)
- (F) The First Christians fasted during-decision making times. (*Acts 12:2-3*)

* Fasting is not about _____ God but _____ for His presence.

- 3. Fasting shows our _____

(A) Fasting develops the _____

"For the grace of God that brings salvation has appeared to all people. It teaches us to say 'No' to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age" – Titus 2:12 (NIV).

"I offer my body as a living sacrifice, holy and pleasing to God – this is my true and proper worship." – Romans 12:1 (paraphrased)

(B) Fasting choices _____

(C) Fasting is a _____

(D) Fasting finds _____

(E) Fasting is _____

(G) Fasting is a _____

(Msg Concept: Jentezen Franklin)

What do I want to see God do at CrossPointe?

What do I want to see God do in my life?

Am I willing to fast and pray to see these things happen?

Join Us for Upcoming Events at CrossPointe:

- 02/13 – Pickle Ball 7 pm
- 02/18 – SOUPer Bowl Funday
- 03/15 – Annual Church Board meeting
- 03/27 –Life Line Screening

Answers:	Clarity
1. Divine Direction	Leverage / Longing
2. Desperation	3. Desire for change
(A) No muscle	(B) Heart over hunger
(C) Time to refocus	(D) Strength in surrender
(E) Player's partner	(F) Reset for the soul